**pentland hills** regional park

# Horse riding in the **Pentland Hills Regional Park**

www.pentlandhills.org





### For more information on horse riding routes contact

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#### Contact us

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You can get this document on tape, in Braille, large print and various computer formats if you ask us. Please contact the Interpretation and Translation Service (ITS) on 0131 242 8181 and quote reference number 18-4661. The ITS can also give information on community language translations.

### Horse riders have the right to access most land in Scotland, including the Pentland Hills Regional Park, as long as they act responsibly.

The Pentland Hills has a long tradition of people using the hills for a range of recreational activities. With over 100 kilometres (60 miles) of paths in the Regional Park, there are many paths suitable for horse riders, cyclists and walkers. Whether you're looking for a short or a more challenging ride, there are routes for all levels and abilities.

Please ride responsibly and help us keep the Pentlands a great place for everyone to enjoy.

## Take responsibility for yourself

- Be aware of the weather forecast before you set out.
- Make sure you are suitably equipped for the hills, including high visibility clothing. Mobile phones are useful in an emergency but be aware that some areas have no reception.
- Plan your route. Avoid livestock, boggy or soft ground and look out for other hill users.
- Make sure your horse is fit to do the planned route.
- Tell someone where you are going and when you expect to return.

Whether you are looking for a short or a more challenging ride, there are routes for all levels and abilities.

#### Respect other people and take care of the environment

- Please don't scare farm animals or wildlife. Take extra care during lambing season (April to June), bird nesting season (April to July) and tupping (November to December).
- If you have a dog, always keep it under proper control and remove your dog's faeces.
- Take care to avoid going onto wet, boggy or soft ground and churning up the surface.
- Don't go into fields where there are grazing horses or animals that might be a danger.
- Keep in single file and close to the edge of field margins when accessing fields growing crops.
- Follow any reasonable advice land management signs.



### Know the code

### Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water as long as they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

- take responsibility for your own actions
- respect the interests of other people
- · care for the environment.

You can find out more by visiting: www.outdooraccess-scotland.scot or you can contact your local Scottish Natural Heritage office on telephone: 0131 316 2600 or email: pubs@nature.scot for a free copy of the full code.

